



THE POWER TO WIN!!!

TIMING & DEGREEING SPECIFICATIONS

**TECH LINE:
(828) 681-5183**

**ORDERS ONLY:
(800) 426-2261**

ID _____

PART #	H39-0206-9A7 HCR		INVOICE #	_____
ENGINE	FORD V6	CID	2.9L	YEARS _____
			INTAKE	EXHAUST
ADVERTISED DURATION			252	256
.050 DURATION			202	206
CAM LIFT			0.280	0.280
ROCKER RATIO			1.47	1.47
VALVE LIFT			0.412	0.412
VALVE LASH	HOT		0.000	0.000
LOBE SEPARATION			109	
CENTERLINES			102	116

CHECK TIMING AT .050 TAPPET LIFT

IN. OPEN	-1	BTDC	IN. CLOSE	23	ABDC
EX. OPEN	39	BBDC	EX. CLOSE	-13	ATDC

OVERLAP -14

SPRING PRESSURE
RECOMMENDATION 110 LB SEAT 250 LB OPEN

Always break in cam with outer springs ONLY! Or use WEAKER springs on SINGLE spring applications when pressures exceed 280lb.